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### **STRATEGIES to SUPPORT STAFF in a CRISIS**

- A. A verbal or written observation of the behavior will be given to the RCCP staff, volunteer or student if a work challenge or any kind of help is suspected.
- B. Guidance practices will be provided to mental-health with supported resources (link provided, also found on our website) for all RCCP employees, volunteer, and or student.  
<https://ontario.cmha.ca/provincial-mental-health-supports/>
- C. Reinforce positive actions to support psychological health and safety in the workplace. We have a series of posters displayed around the preschool and school binder; each poster showcase internal programs and initiatives aligned with the mental health factors.  
[https://www.mentalhealthcommission.ca/wp-content/uploads/drupal/2019-02/13\\_factors\\_posters\\_eng.pdf?\\_ga=2.220836184.17939261.1673737438-867493005.1673737438](https://www.mentalhealthcommission.ca/wp-content/uploads/drupal/2019-02/13_factors_posters_eng.pdf?_ga=2.220836184.17939261.1673737438-867493005.1673737438)
- D. Build a culture of connection through check-ins. Intentionally checking in with each of the RCCP staff. Supervisor with the rest of the teachers and vice versa; direct and sincerity on a regular basis is more critical than ever

\*\*While the staff is being supported and obtaining the assistance needed; RCCP supervisor or teacher in charge and the Board of Directors will offer flexibility and inclusion to any RCCP staff that is seeking help.

Strategies to support staff in a crisis, created January 2023